



## City of South El Monte Installs Outdoor Fitness Equipment at Civic Center and Mary Van Dyke Park

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The City of South El Monte has completed the installation of outdoor fitness equipment in the Civic Center, near the Community Center, and at Mary Van Dyke Park now open to the public. Five exercise stations are placed in front of the Community Center under the pergola, with an additional four stations located at Mary Van Dyke Park next to the basketball courts. Funding for the exercise equipment was provided by the California Natural Resources Agency.

Staff selected equipment with the objective of providing accessible exercise options for community members and fostering an environment that encourages staying active and maintaining good health. The exercise area at Mary Van Dyke Park is open to the public for drop-in use during park hours from 7:00 a.m. to 9:00 p.m. Additionally, the Community Center's gym equipment is available for use from 7:00 a.m. to 11:00 p.m.